

## 2012 OYLA Regulation Summary

The 2012 OYLA Regulations and Rules Summary tables are supplemental to the US Lacrosse NFHS (National Federation of High Schools) Boys Lacrosse Rulebook which includes the US Lacrosse Youth Rules. OYLA rules are based on US Lacrosse Rules and every coach and official should only use this information in conjunction with the rulebook. Rulebooks are available from US Lacrosse and distributed at OYLA Referee Training Clinics.

<b>Grades ---&gt;</b>	<b>7 + 8 (Std and Select) 5 + 6 (Select - Optional)</b>	<b>5 + 6 (Std for Rec teams, Select - Optional)</b>	<b>3 + 4 1 + 2</b>
<b>USLAX Rule Category</b>	<b>U15 U13</b>		<b>U11 U9</b>
<b>Game, Field and Equipment Guideline *</b>	<b>110 x 60 field 10 v 10 players</b>	<b>110 x 60 field 10 v 10 players (std) 8 v 8 players (optional)</b>	<b>80 x 50 field 8 v 8 players (std, grades 3+4) 5 v 5 players - No Goalie Goals 3x3 (grades 1+2)</b>
<b>Game Time (Running clock)</b>	<b>15 minute quarters or 25 minute halves Select teams optional stop-clock</b>	<b>15 minute quarters or 25 minute halves Select teams optional stop-clock</b>	<b>25 minute halves</b>
<b>Field Monitor</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>
<b>D Poles?</b>	<b>Yes</b>	<b>No Select - Yes</b>	<b>No</b>
<b>Team Time-Outs</b>	<b>(2) Team time-outs per team per half not to exceed 2 minutes each</b>	<b>Same as 7+8</b>	<b>Same as 7+8.</b>
<b>Officials Time-Outs</b>	<b>Unlimited. Time-out must be called whenever a player in possession loses any piece of required equipment or for issues of safety.</b>	<b>Same as 7+8</b>	<b>Same as 7+8. May be called for instruction.</b>
<b>Overtime (coach discretion)</b>	<b>No Select - 4 minute Sudden Victory periods</b>	<b>No Select - (2 max) 4 minute Sudden Victory period</b>	<b>No</b>
<b>Time Serving Penalty Enforcement</b>	<b>Yes</b>	<b>Yes</b>	<b>No Substitution and Turnover</b>
<b>Offsides Enforced **</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>
<b>Official Scores</b>	<b>Yes</b>	<b>Yes</b>	<b>No</b>
<b>Table/Coach Scores</b>	<b>Yes</b>	<b>Yes</b>	<b>Yes</b>

\*Guidelines per Rule 1 -- Games, Field and Equipment. Regulation modifications, specifically pertaining to the Select teams, are to be by mutual, pre-game agreement between coaches and officials.

\*\* Players exiting and entering the field through the special substitution area should not be considered offside if that results in momentarily having fewer than the required number of players on the field.

## 2012 OYLA Rules Summary Amendments to US LAX

Grades --->	7 + 8 5 + 6 (Select - Optional)	5 + 6 (Std for Rec teams, Select - Optional)	3 + 4 1 + 2
USLAX Rule Category	U15 U13		U11 U9
<b>Stalling</b> Rule 3 Sect 3 Rule 4 Sect 34	<b>Enforced</b>	<b>Waived</b> Select - Enforced in final 2 minutes of play	<b>Waived</b>
<b>Face-Offs</b> Rule 4 Sect 3 (coach discretion)	<b>NFHS Faceoff rules will be followed</b>	<b>When the score has at least a 4 point difference, in lieu of a face-off, the team behind is given the ball at mid-field.</b>	<b>Same as 5+6</b>
<b>Advancing the Ball</b> Rule 4 Sect 14,15 Rule 6 Sect 10	<b>Defensive 20-second count used. Offensive 10-second count used.</b>	<b>No offensive or defensive counts "Advance the ball" verbal command and 5 second visual hand count precedes technical turnover call in either offensive or defensive sides of the field</b>	<b>No offensive or defensive counts "Advance the ball" verbal command and 5 second visual hand count precedes technical turnover call in either offensive or defensive sides of the field</b>
<b>Body Checking Contact *</b> Rule 5, sect 3, 4 (Refer also to Player Contact footnotes below)	<b>Permitted when legal as restricted by the 3 Yard Rule. No take-out body checks. Contact only in an upright position within 3 yards of the ball</b>	<b>Permitted with Restrictions. No Collision-style or "take-out" checks. Legally executed contact permitted to dislodge the ball only.</b>	<b>Not Permitted. Illegal Body Check includes man- ball "clear the body" type pushing.</b>
<b>Slash</b> Rule 5, sect 7	<b>Stick contact (other than on the gloved hand while holding the stick) is a slash. One-handed checks are a slash. Select 7+8 - U.S. Lacrosse NFHS slashing Rule applies</b>	<b>Stick contact including Poke Checks (other than on the gloved hand while holding the stick) is a slash. One-handed checks are a slash.</b>	<b>Stick contact including Poke Checks (other than on the gloved hand while holding the stick) is a slash. One-handed checks are a slash. 1+2 - No Contact</b>
<b>4 second Goalie count</b> Rule 4 Sect 20	<b>Yes</b>	<b>No</b> Select - Yes	<b>No</b>

\* US Lacrosse 3 Yard Rule – All stick checks, body checks, legal holds and legal pushes must be on a player in possession of the ball or within 3 yards of a loose ball or ball in flight. This amends Rule 4 Sect 17 reference to 5 yards defining legal contact. The following illegal contact rules are similarly amended by the 3 yard restriction: Rule 4 Sect 17 (checking with crosse), Rule 5 Sect 3 (Illegal Body Check), Rule 6 Sect 3 (Holding), Rule 6 Sect 9 (Pushing). This does not change the 5 yard free play restart distance under Rule 4 sect 5 Art 1. US Lacrosse Rule 5 Sect 3 Youth Rules defines the appropriate extent of legal contact. All OYLA rules adhere to these restrictions and are detailed in the rulebook.

US Lacrosse Youth Rules are enforced and amended as noted in the OYLA Regulations or Rules summaries. Regulations are modified as needed by the league and/or coaches agreement due to logistical constraints or to provide additional measures of safety for the players. It is US Lacrosse Youth Guidelines that leagues consider physical/cognitive maturity when grouping players. Modifications to US Lacrosse rules are amended for purposes of increasing safety of the participants.

US Lacrosse youth rules are based on age, not grade. OYLA clubs are grade-based. OYLA guidelines translate the appropriate age-based rules and regulations to the Oregon grade-based system that the clubs use. In no instance should these guidelines compromise the priority to maintain age appropriate level of play and safety on the field.

Player Contact:

The safety of the players is the guideline that governs the rule interpretation regarding appropriate contact between players.

Any play utilizing more force than necessary to accomplish legal, grade-level play is illegal (Unnecessary Roughness Personal Foul or immediate game ejection).

Contact outside the USLAX and OYLA restricted game level guidelines is a foul and the appropriate Personal or Technical penalty must be enforced. Excessive contact is never permitted. Legal contact is restricted per application of the US Lacrosse Youth rules.

No "take-out" checks are permitted by any player, under any circumstances at any age.

Body contact when incidental and non-injurious (loose ball, dodge situations) is a technical foul at the discretion of the referee.

In all loose ball situations players should "play the ball" but incidental contact, "boxing out," or screening techniques during such play shall not be considered a violation of the contact rule.

In keeping with the US Lacrosse emphasis on player safety and sportsmanship applicable to the youth level, stricter enforcement of all contact is mandated.

**Notes regarding US LAX 2012 and OYLA Rules and Regulations**

Exception Description	US LAX	OYLA
Eligibility Guidelines	Age based	Grade based
Crosse dimensions	Long poles allowed for U11	No long poles in grade divisions 1+2, 3+4, 5+6 (rec). Long poles are allowed at the Select levels.
Player Equipment	A protective cup is recommended and only required for the Goalie	A protective cup is required equipment for all players
Length of Game	U15: Four 10 minute stop time quarters with Sudden Victory OT U13: Four 10 minute stop time quarters with 2 Sudden Victory OT periods U11: Four 8 minute stop-time quarters or 12 minute running-time quarters U9: Four 12 minute running-time quarters	Per OYLA Regulation chart above and modified by logistical constraints and mutual agreement of the coaches.
Team Time-Outs	More than two team time-outs per team per half are encouraged to enhance instruction and safety. Clock stops for all Time-outs.	Unless otherwise agreed by both coaches and officials, Time-outs do not stop the clock in running-time games and only 1 Time-out per team per half.